

## Optional Items, Fees and Schedules

" \* " Indicate this item is not allow to be discount

There are limit number for optional item, please booking first.

	Item	Aim	Fee/NT\$	Targeted Patients
Sleep monitoring	1.New generation in sleep monitoring by cardiopulmonary coupling	1. Monitoring and recording analysis of relevant important physiological information during sleep.  2. Complete report : Monitoring of poor sleep quality during the night, such as insomnia, light sleep, sleep apnea and other conditions, and doctors recommendation for further treatment.  ※ The detector is worn on the chest and can be completed at home. ※ The size of the detector is only 5cm, which is convenient to wear and does not interfere with sleep. ※ The detector is approved by the FDA, CFDA, and TFDA.	5,000	1. Constant lethargy and drowsiness during the day 2. Snoring 3. Light sleep and dreaming 4. Poor sleep quality
Ophthalmology	2.Optical Coherent Tomography(including Fundus color photo picture)	Macular Degeneration optic neuropathy	3,000	1. people who long-term use of computers, or excessive use of the eye. 2. people with medium or high myopia. 3. people with related family history.
	3.Fundus color photo picture	Retinopathy optic neuropathy	1,000	1. people who long-term use of computers, or excessive use of the eye. 2. people with medium or high myopia. 3. people with related family history.
Cardiovascular Diseases Screening	4. Carotid Ultrasound	To evaluate the patency of carotid artery and risk for cerebrovascular disease	3,000	1. People with hypertension or diabetes 2. Family history of cardiovascular disease 3. Over weight and smoker 4. People with hyperlipidemia 5. Age over 40 years or older 6. Subjects with dizzy spells
	5. Echocardiography	To evaluate the heart size, valvular abnormalities , congenital heart defects, myocardial infarction, tumor, etc.	3,500	1. People with hypertension and Diabetes 2. Family history of cardiovascular disease 3. Over weight and smoker 4. People with hyperlipidemia 5. Age over 40 years old 6. People with chest discomfort, chest pain 7. People with cardiac arrhythmia
	6. Exercise EKG	To evaluate Coronary Arterial Disease and ischemic condition of the heart.	2,800	1. People with chest discomfort, chest pain 2. Patient of cardiovascular disease 3. Family history of cardiovascular disease
	7. Pro-brain Natriuretic Peptide (pro BNP)	To assess left ventricular contractile function, severity of chronic heart failure, and prognosis of coronary heart disease and heart failure.	1,300	1. Suspicion of heart disease 2. Family history of hypertension and heart disease 3. Heart disease and function screening.
	8. Cerebrovascular MRA*	Anatomical structural examination (cerebrum, cerebellum, brainstem, eyes, nasal cavity, nasopharynx, paranasal sinus, middle ear, inner ear, etc.) and MRI of carotid arteries and intracranial arteries.  ※The above-mentioned medical imaging tests are all in cooperation with the medical imaging center of the outside hospital, and the cost of medical imaging examinations will be based on the pricing of the designated medical institution.	20,000 (including barium contrast material fee)	1.People with Hypertension, Diabetes, high level of lipid, and over-weight. 2. People above 40 years old who have never done a cerebrovascular MRI examination. 3. People who habitually smoke and drink alcohol. 4. Family history of cardiovascular or cerebrovascular diseases. 5. Unknown reason of dizziness and headaches.
	9. Coronary CT Imaging *	To evaluate the severity of coronary arteriosclerosis, even to make an early prediction of the possibility of coronary heart diseases and coronary stenosis.	25,000	1. People with Hypertension, Diabetes, high level of lipid, and over-weight. 2. Family history of cardiovascular or cerebrovascular disease 3. People above 40 years old and suffering from chest discomfort or chest pain 4. People who habitually smoke and drink alcohol. 5. People who lack of exercise and work at high pressure.
	10.CVSD(Cardiovascular Screening Device)	To assess atherosclerotic disease risk.	1,500	1. Age over 30 2. Family history of hypertension, Diabetes, Stroke, or cardiovascular disease 3. Adiposity 4. Smoker 5. High level of lipid 6. People who lack of exercise 7. People who work at high pressure.

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<b>Gastrointestinal Tract Screening</b>	11. Anesthesia extra fee *	For gastroscopic and colonoscopic exam under anesthesia.	5,000	1. For people desiring painless invasive exam 2. Strong gag reflex
		※ If the last time having E.K.G. is over 3 months, it's necessary to take the test again.(300NTD extra fee for E.K.G.)		
	12. Colonoscopy under anesthesia	To evaluate if there is colitis, hemorrhoids, polyp, ulcer, tumor, diverticulum.	Original fee 9,000 ※Special offer of 7,000 with package A	1. Colonic tumor screening 2. Unreasonable loose bowel or constipation 3. Unreasonable losing weight 4. Stool with blood 5. Family history of colonic or rectal cancer 6. History of colonic polyps
		※If the last time having E.K.G. is over 3 months, it's necessary to take the test again.(300NTD extra fee for E.K.G.)		
	13. Urea Breath Test (UBT)	To detect H.pylori infection.	1,600	1. Patients of chronic gastritis ,indigestion, or peptic ulcer 2. Check for H.P relapse after a course of therapy
		※People who have gastric bleeding or having gastric acid inhibitors, shoule postpone this examination.		
	14. Low-Residue Diet Pack	As a meal replacement for the day before. To provide appropriate colonoscopy preparation.	1,000	1. For those who wish to arrange colonoscopy but do not have enough time for low fiber diet preparation.
<b>Female Screening</b>	15. Breast Ultrasound	To evaluate if there is tumor or cystic fibroadenoma of the breast.	2,000	1. Palpable breast mass 2. Family history of breast cancer 3. Abnormal findings in mammography 4. Breast cancer screening
	16. Breast X-ray (For female at age over 40 )	To evaluate if there is any pathological changes in the breast	2,200	1. Female, over 40 2. Palpable breast mass 3. Family history of breast cancer 4. Abnormal breast sonography 5. Breast cancer screening
	17. 3D mammography	With this technology, multiple breast images can be captured from various angles in just one shot. The rendering of breast tissue is created more clearly and fully, thus improving the tumor detection rate for women with dense breast tissue. Abnormal shadows representing early-stage cancerous lesions can be detected while the microcalcification of the cancer in situ are recognized.	4,000	1. Female, over 40 2. Palpable breast mass 3. Family history of breast cancer 4. Abnormal breast sonography 5. Breast cancer screening
	18.*Human Papilloma Virus (HPV) Exam for Assessment of Cervical Cancer	Cervical Cancer has been highly linked to a virus known as human papilloma virus (HPV). An exam for HPV will assess risk for cervical cancer. It can complement the lack of pap smear.	1,200 (Not including pap smear test fee)	1. Sexually active individuals 2. Previous finding of inflammation on pap smear 3. History of HPV(+) 4. Family history of uterine/cervical cancer.
	19. Liquid-based Pap Testing *	Uses special instruments to increase the accuracy of cervical cancer detection.	1,500	1. Sexually active individuals 2. Previous finding of inflammation on pap smear 3. Family history of cervical cancer 4. History of HPV(+)
	20. HPV Genotyping + SurePath Liquid-based Pap smear *	The test can detect more than 10 HPV genotypes. Can increase the screening rate with SurePath Liquid-based Pap smear.	3,000	1. Sexually active individuals 2. Previous finding of inflammation on pap smear 3. History of HPV(+) 4. Family history of uterine/cervical cancer.
<b>Urinary System Screening</b>	21. Transrectal ultrasonography of prostate	TRUS is used to measure the benign prostatic hypertrophy and tumor staging.	1,500	1. Male age over 40 2. Family history of BPH or prostate cancer 3. Person who has symptoms for nocturia frequent, hesitancy, small caliber stream, incomplete urine voiding, micturition pain ,intermittent hematuria or hematospermia
	22. Scrotal sonography	1. Acute orchitis, testicular torsion, testicular tumor, etc. 2. Epididymitis, epididymal cyst. 3. Hydrocele or hernia. 4. Varicocele, spermatocele, vasitis or foreign body.  Ultrasonography would be helpful in differential diagnosis of scrotal lesions.	1500	1. Erythematous change, scrotal pain or heavy sensation. 2. Scrotal or inguinal mass. 3. A soft mass which is like "a bag of worm" within scrotum. 4. Dull pain in suprapubic or inguinal area.
	23. Uroflowmetry	1. Evaluates urine voiding pattern. 2. Demonstrates bladder-outlet obstruction	800	Person who has symptoms for frequency nocturia, urgency, hesitancy, small caliber stream, intermittent or sensation of incomplete urine voiding. Both for male and female.

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Medical Imaging	24. Lung CT Scan Imaging *	A non-invasive approach for lung cancer. It is possible to demonstrate the anatomical images of lungs thus facilitating the detection and follow-up investigation of lung cancers	6,000	1. Family history of lung cancer. 2. Long-term smoker 3. Expose to soot or dust in work for long time. 4. Cough or sputum with blood frequently. 5. Abnormal findings in X-ray. 6. Patient with previous tuberculosis infection
	25. Analysis of coronray aretery calcification score	It is non-invasive and does not require injection of contrast medium. It can take a few minutes to take a series of fine, high-level images. With ultra-fast computed tomography imaging and reconstruction calculations, the degree of coronary artery calcification of the heart can be understood. The higher the index, the higher the probability of coronary artery stenosis, which can be used to assess the risk of myocardial infarction.	7,000	1. Males who are over 45 years old; females who are over 55 years old or after menopause 2. Have a family history of stroke and heart disease 3. High blood pressure or diabetes or high lipid profile (metabolic syndrome) 4. Stressful lifestyle 5. People who are smoking or overweight
	26. Tumor Cancer MRI*	Includes MRI examination for eight major areas: head, neck, chest, upper abdominal, pelvic cavity, cervical vertebra, thoracic vertebra, and lumbar vertebra (one scanned image per 0.5-1.0 centimeter).  ※This examination does not require the injection of constrast medium	42,000	1. People above 40 who have never done an MRI examination. 2. Family history of cancer. 3. People who habitually smoke, drink alcohol, and/or eat betel nuts. 4. Hepatitis B and C carriers. 5. People with abnormal examination results previously.
	27. Full-body computed-tomography (CT) tumor scans, with liver enhancement	Includes MRI examination for eight major areas: head, neck, chest, upper abdominal, pelvic cavity, cervical vertebra, thoracic vertebra, and lumbar vertebra, with liver enhancement to: 1. Discover early liver tumors 2. Assess whether the blood vessels in the liver are invaded by tumors 3. Differentiate the types of liver tumors	49,000 (Including fee for contrast medium)	1. People above 40 who have never done an MRI examination. 2. Family history of cancer. 3. People who habitually smoke, drink alcohol, and/or eat betel nuts. 4. Hepatitis B and C carriers. 5. Abnormal liver function, chronic hepatitis, liver cirrhosis
	28. Tumor Cancer MRI + Cerebrovascular MRA*	Using MRI, a medical imaging technique to examine 8 major body parts and cerebral vessels to check for signs of tumor, cancers and to rule out brain diseases.	69,000 (including barium contrast material fee)	Please see Item 7 and 25 for details.
	※The above-mentioned medical imaging tests are all in cooperation with the medical imaging center of the outside hospital, and the cost of medical imaging examinations will be based on the pricing of the designated medical institution.			

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<b>Additional Screening</b>	33.AmCAD-UT® Detection	This is a noninvasive examination using computer-assisted detection technologies to analyze and assess your nodule(s) for presence of suspicious sonographic features, such as micro-calcifications, hypoechoic, blurred margins, etc. The analysis results can help make recommendation for aspiration cytology and follow-up medical procedures.	2,500	1. For people with thyroid nodules diagnosed by thyroid sonography 2. For people with thyroid nodules want to evaluate the characteristics of the thyroid nodules
	34. Bone Mineral Density BMD: measures the BMD at 2 regions of the body (lumbar spine and pelvic joint) CTx: measure bone resorption	To evaluate the statistic and dynamic aspects of bone mineral density over the lumbar and pelvic regions	2,500	1. Near menopause women 2. Positive history of osteopenia 3. Coffee lover and without regular exercise 4. Age over 25 and without previous BMD exam 5. Underweight
	35.IMR AD Test	Alzheimer's disease (AD) is highly correlated with the accumulation of A $\beta$ -42 and Tau proteins in brains. The A $\beta$ -42 and Tau proteins in blood now could be detected by immunomagnetic reduction (IMR) with extremely high sensitivity. The test result would be a good reference for brain health management, MCI and early-AD screening.	15,000	1.Those who concerns brain health. 2.Those who is older than 45 years old, under high stress and bad quality of sleep. 3.Those who have high risk factors of AD, such as head trauma, high blood pressure, hyperlipidemia, hyperglycemia, long-term smokers, lack of interpersonal interactions in lonely life, depression, and dementia patients in the family.
	36. High Resolution Brain MRI for Axonal Brain Age Assessment	An new, FDA-approved method that evaluates your brain's biological age; assesses brain aging and predicts dementia risk using non-invasive MRI process without needing a contrast agent. Evaluates axonal brain age of whole brain and across eight cognitive function networks including episodic memory/emotion system, semantic memory system, implicit memory system, working memory system, attention system, language system, somatosensory system, and visual system.	20,000	1. Age above 45. 2. Elevated blood sugar, blood pressure, serum lipids, obese or overweight. 3. Previous history of head trauma, transient ischemic attack, or depression. 4. Heavy smoker and/or excessive alcohol consumption. 5. Sleep disorder. 6. Feeling of cognitive decline recently. 7. Family history of dementia.
	37.High Resolution Brain MRI for Brain Lesion Screening and Axonal Brain Age Assessment	An new, FDA-approved method that evaluates your brain's biological age; assesses brain aging and predicts dementia risk using non-invasive MRI process without needing a contrast agent. 1. Screens for brain tumors, strokes, hippocampal atrophy, white matter degenerative changes. 2. Evaluates brain age of whole brain and across eight cognitive function networks including episodic memory/emotion system, semantic memory system, implicit memory system, working memory system, attention system, language system, somatosensory system, and visual system.	30,000	1. Age above 45. 2. Symptoms suspected of brain disorders. 3. Headache or dizziness of unknown causes. 4. Elevated blood sugar, blood pressure, serum lipids, obese or overweight. 5. Previous history of head trauma, transient ischemic attack, obesity, or depression. 6. Heavy smoker and/or excessive alcohol consumption. 7. Sleep disorder. 8. Feeling of cognitive decline recently. 9. Family history of dementia.

### Remarks:

1. The schedule and fee may be changed from time to time by Lianan Wellness Center without prior notice. Please call to reconfirm during your booking.
2. All screening of medical imaging are cooperate with the medical imaging center.
3. If there should be any question, you can obtain related information from our website or call to contact us.

### Linana Wellness Center

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